NOTICE OF PUBLIC MEETING

Friday, September 8, 2023 9:00 a.m. – 4:00 p.m.

Note: This is a hybrid meeting held via Zoom and in-person at the Washington State Public Health Laboratory at 1610 NE 150 St, Shoreline, WA, 98155. Meeting access and instructions are provided below. Language interpretation available.

Newborn Screening Technical Advisory Committee (TAC) Agenda Guanidinoacetate methyltransferase (GAMT) Deficiency and Arginase 1 Deficiency (ARG1-D)

| Time | Agenda Item | Speaker | |
|-----------|---|---|--|
| 9:00 a.m. | 1. Welcome & Introductions | Molly Dinardo, State Board of Health Melanie Ogleton, Cardea Services Amanda Winters, Cardea Services | |
| 9:20 a.m. | 2. TAC Overview & Meeting Norms | Kelly Oshiro, TAC Co-Chair, State Board of Health Nirupama Shridhar, TAC Co-Chair, Department of Health Melanie Ogleton, Cardea Services Amanda Winters, Cardea Services | |
| 9:30 a.m. | 3. Newborn Screening Program Overview | John Thompson, Department of Health | |
| 9:35 a.m. | 4. Newborn Screening Criteria Review | Molly Dinardo, State Board of Health | |
| 9:40 a.m. | 5. Family Perspective – GAMT Deficiency | Kim Tuminello | |
| 9:55 a.m. | 6. Natural History of GAMT Deficiency – Diagnostic Testing & Available Treatment | Dr. Emily Shelkowitz, Seattle Children's | |

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| Time | Agenda Item | Speaker | |
|------------|---|---|--|
| 10:25 a.m. | 7. Available Screening Technology – GAMT Deficiency | Michael Katsuyama, Department of Health | |
| 10:35 a.m. | Break | | |
| 10:45 a.m. | 8. Cost Benefit Analysis – GAMT Deficiency | Makena Chandra, University of Washington Michael Katsuyama, Department of Health | |
| 11:15 a.m. | 9. Application of Criteria & Discussion | Melanie Ogleton, Cardea Services Amanda Winters, Cardea Services | |
| 11:45 a.m. | Working Lunch (as needed) | | |
| 12:15 p.m. | 10. GAMT Deficiency Vote #1 – Criteria | Melanie Ogleton, Cardea Services Amanda Winters, Cardea Services | |
| 12:30 p.m. | 11. GAMT Deficiency Vote #1 – Results & Discussion | Kelly Oshiro, TAC Co-Chair, State Board of Health Melanie Ogleton, Cardea Services Amanda Winters, Cardea Services | |
| 12:40 p.m. | 12. GAMT Deficiency Vote #2 – TAC Recommendation | Melanie Ogleton, Cardea Services Amanda Winters, Cardea Services | |
| 12:55 p.m. | 13. GAMT Deficiency Vote #2 – Results and Next Steps | Kelly Oshiro, TAC Co-Chair, State Board of Health Melanie Ogleton, Cardea Services Amanda Winters, Cardea Services | |
| 1:00 p.m. | Break | | |
| 1:10 p.m. | 14. Family Perspective – ARG1-D | Christine Zahn | |

| Time | Agenda Item | Speaker | |
|-----------|---|---|--|
| 1:25 p.m. | 15. Natural History of ARG1-D – Diagnostic Testing & Available Treatment | Dr. Emily Shelkowitz, Seattle Children's | |
| 1:55 p.m. | 16. Available Screening Technology – ARG1-D | Michael Katsuyama, Department of Health | |
| 2:05 p.m. | Break | | |
| 2:10 p.m. | 17. Cost-Benefit Analysis – ARG1-D | Makena Chandra, University of Washington Michael Katsuyama, Department of Health | |
| 2:40 p.m. | 18. Application of Criteria & Discussion | Melanie Ogleton, Cardea Services Amanda Winters, Cardea Services | |
| 3:00 p.m. | 19. ARG1-D Vote #1 – Criteria | Melanie Ogleton, Cardea Services Amanda Winters, Cardea Services | |
| 3:15 p.m. | 20. ARG1-D Vote # 1 – Results & Discussion | Nirupama Shridhar, TAC Co-Chair, Department of Health Melanie Ogleton, Cardea Services Amanda Winters, Cardea Services | |
| 3:25 p.m. | 21. ARG1-D Vote # 2 – TAC Recommendation | Melanie Ogleton, Cardea Services Amanda Winters, Cardea Services | |
| 3:40 p.m. | 22. ARG1-D Vote #2 – Results and Next Steps | Nirupama Shridhar, TAC Co-Chair, Department of Health Melanie Ogleton, Cardea Services Amanda Winters, Cardea Services | |
| 3:50 p.m. | 23. Meeting Closeout | Nirupama Shridhar, TAC Co-Chair, Department of Health Kelly Oshiro, TAC Co-Chair, State Board of Health Melanie Ogleton, Cardea Services Amanda Winters, Cardea Services | |

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| Time | Agenda Item | Speaker |
|-----------|-------------|---------|
| 4:00 p.m. | Adjournment | |

Zoom Meeting Information: To access the meeting online and to register: <u>https://us02web.zoom.us/meeting/register/tZcodumvpzMuGNb95iCIMBbVIPHT-7YGkOXm</u> After registering, you will receive a confirmation email containing information about joining the meeting. You can also dial-in using your phone for listen-only mode: Call in: +1 (253) 205-0468 Webinar ID: 835 1079 8422 Passcode: 2023

Important Meeting Information to Know:

- This meeting is open to the public. The public can observe the meeting online.
- The Technical Advisory Committee will not take formal action or receive public comment. If you have comments or materials you would like to share with the full Board, please send them to wsboh@sboh.wa.gov.
- Times are estimates only. We reserve the right to alter the order of the agenda.
- If you have any technical difficulties accessing the meeting via Zoom, please contact Molly Dinardo at 564-669-3455 or molly.dinardo@sboh.wa.gov.
- Every effort will be made to provide Spanish interpretation, and American Sign Language (ASL). Should you need confirmation of these services, please email <u>wsboh@sboh.wa.gov</u> in advance of the meeting date.
- If you would like meeting materials in an alternate format or a different language, or if you are a person living with a disability and need <u>reasonable modification</u>, please contact the State Board of Health at (360) 236-4110 or by email <u>wsboh@sboh.wa.gov</u>. Please make your request as soon as possible to help us meet your needs. Some requests may take longer than two weeks to fulfill. TTY users can dial 711.



Newborn Screening Technical Advisory Committee (TAC) PUBLIC MEETING Meeting starts at 9:00 a.m.







Canales de Idioma de Zoom

Zoom Language Channels





GAMT Deficiency & ARG1-D Technical Advisory Committee Welcome, Expectations, Meeting Norms



- Notice of this meeting and meeting materials were posted to the Board's website in advance of the meeting.
- The TAC will not take formal action or receive public comment. If you have comments or materials you would like to share with the State Board of Health, please send them to <u>wsboh@sboh.wa.gov</u>.
- Times are estimates only. We reserve the right to alter the order of the agenda.







Today's Meeting Materials



https://sboh.wa.gov/meetings/meeting-information/meeting-information/materials/2023-09-08



Zoom Meeting Functions



Note: Depending on your role, you may not have access to all functions identified on this slide.

Introductions



Meeting Purpose

Determine whether GAMT Deficiency and ARG1-D meets the Washington State Board of Health's criteria for inclusion in the list of conditions for which all Washington-born newborns must be screened.



Plan for the Day

- Presentations from families impacted by the conditions, Board staff, Department staff, and subject matter experts.
- Discussion and evaluation of GAMT Deficiency & ARG1-D against the Board's 5 criteria.
- Two rounds of voting and discussion of results for each condition to inform recommendations and next steps.



Meeting Norms

Be here now and stay purpose-oriented

Listen for understanding; seek clarification and resist assumptions

Appreciate the strength of diverse cultures and perspectives

Engage respectfully; see with new eyes and hear with new ears

Move up into a speaking role; move up into a listening role

Stay on topic and mind the time

Assume positive intent; acknowledge and repair harms

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Washington State Board of Health

PROCESS TO EVALUATE CONDITIONS FOR INCLUSION IN THE REQUIRED NEWBORN SCREENING PANEL

The Washington State Board of Health has the duty under RCW 70.83.050 to define and adopt rules for screening Washington-born infants for heritable conditions. Chapter 246-650-020 WAC lists conditions for which all newborns must be screened. Members of the public, staff at Department of Health, and/or Board members can request that the Board review a particular condition for possible inclusion in the NBS panel. In order to determine which conditions to include in the newborn screening panel, the Board convenes an advisory committee to evaluate candidate conditions using guiding principles and an established set of criteria.

The following is a description of the Qualifying Assumption, Guiding Principles, and Criteria which the Board has approved in order to evaluate conditions for possible inclusion in the newborn screening panel. The Washington State Board of Health and Department of Health apply the qualifying assumption. The Board appointed Advisory Committee applies the following three guiding principles and evaluates the five criteria in order to make recommendations to the Board on which condition(s) to include in the state's required NBS panel.

QUALIFYING ASSUMPTION

Before an advisory committee is convened to review a candidate condition against the Board's five newborn screening requirements, a preliminary review should be done to determine whether there is sufficient scientific evidence available to apply the criteria for inclusion.

THREE GUIDING PRINCIPLES

Three guiding principles govern all aspects of the evaluation of a candidate condition for possible inclusion in the NBS panel.

- Decision to add a screening test should be driven by evidence. For example, test reliability and available treatment have been scientifically evaluated, and those treatments can improve health outcomes for affected children.
- All children who screen positive should have reasonable access to diagnostic and treatment services.
- Benefits of screening for the disease/condition should outweigh harm to families, children and society.

CRITERIA

- 1. Available Screening Technology: Sensitive, specific and timely tests are available that can be adapted to mass screening.
- 2. Diagnostic Testing and Treatment Available: Accurate diagnostic tests, medical expertise, and effective treatment are available for evaluation and care of all infants identified with the condition.
- **3.** Prevention Potential and Medical Rationale: The newborn identification of the condition allows early diagnosis and intervention. Important considerations:
 - There is sufficient time between birth and onset of irreversible harm to allow for diagnosis and intervention.
 - The benefits of detecting and treating early onset forms of the condition (within one year of life) balance the impact of detecting late onset forms of the condition.
 - Newborn screening is not appropriate for conditions that only present in adulthood.
- 4. Public Health Rationale: Nature of the condition justifies population-based screening rather than risk-based screening or other approaches.
- **5.** Cost-benefit/Cost-effectiveness: The outcomes outweigh the costs of screening. All outcomes, both positive and negative, need to be considered in the analysis. Important considerations to be included in economic analyses include:
 - The prevalence of the condition among newborns.
 - The positive and negative predictive values of the screening and diagnostic tests.
 - Variability of clinical presentation by those who have the condition.
 - The impact of ambiguous results. For example the emotional and economic impact on the family and medical system.
 - Adverse effects or unintended consequences of screening.







Guanidinoacetate methyltransferase (GAMT) Deficiency Overview

Newborn Screening Technical Advisory Committee September 8, 2023

ABOUT THE CONDITION

- GAMT Deficiency is a rare inherited amino acid disorder that prevents the body from properly producing creatine, which helps your organs store and use energy.^{1,2}
- Without enough creatine, the body's organs do not get enough energy to support its vital functions, which can cause damage.
- This damage primarily affects the brain and muscles, as these organs need the most energy.
- Without early treatment, GAMT deficiency can cause serious cognitive and neurological impairments.
- GAMT deficiency is caused by changes in the GAMT gene.

SIGNS & SYMPTOMS

- People with GAMT Deficiency may begin showing symptoms from early infancy to age three.
- Signs and symptoms can vary but may include mild to severe intellectual and developmental disabilities, delayed sitting or walking, delayed or limited speech ability, muscle weakness or low muscle tone, behavioral issues (anxiety, aggression, self-injury, hyperactivity), seizures, and uncontrollable movements.

DIAGNOSIS

- GAMT Deficiency can be detected through a newborn screening blood spot using tandem mass spectrometry.
- Diagnostic tests include testing for guanidinoacetate (GUAC) and low creatine in the blood after a positive newborn screening test.
- Molecular testing can also be helpful.

TREATMENT

• May include creatine and ornithine supplements, sodium benzoate (a medication that can reduce levels of an amino acid called glycine), medications to treat seizures, a lifelong diet low in protein, and speech, occupational, and behavior therapy.

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- 1. National Institutes of Health, Genetic and Rare Diseases Information Center. Guanidinoacetate methyltransferase deficiency About the Disease. Updated February 2023. Accessed August 25, 2023. https://rarediseases.info.nih.gov/diseases/2578/guanidinoacetate-methyltransferase-deficiency
- 2. Health Resources & Services Administration. Guanidinoacetate methyltransferase deficiency | Newborn Screening. Updated June 2023. Accessed August 25, 2023. https://newbornscreening.hrsa.gov/conditions/guanidinoacetate-methyltransferase-deficiency





Arginase 1 Deficiency (ARG1-D) Overview

Newborn Screening Technical Advisory Committee September 8, 2023

ABOUT THE CONDITION

- ARG1-D is a rare and inherited metabolic disease that prevents the body from properly breaking down the amino acid arginine, an enzyme in the blood.^{1,2}
- Arginase is one of six enzymes responsible for breaking down arginine and is part of an essential process in the body called the urea cycle.
- The urea cycle helps remove ammonia (or nitrogen) from the body, a waste product used to process protein.
- If the arginase enzyme isn't working properly, the body can't break down arginine and get rid of ammonia through the urea cycle.
- Irregularities in the urea cycle may cause levels of ammonia in the blood to increase.
- When ammonia levels become too high, it has toxic effects and can cause serious damage to the nervous system and other parts of the body.

SIGNS & SYMPTOMS

- Signs of ARG1-D can vary widely and may appear anytime from infancy to early childhood.
- Symptoms of ARG1-D include seizures, muscle tightness or stiffness, difficulty eating, vomiting, and trouble breathing.
- People with ARG1-D might also experience delays in both physical and cognitive development, loss of developmental milestones, and intellectual disabilities.

DIAGNOSIS

- ARG1-D can be detected through a newborn screening blood spot using tandem mass spectrometry.
- Diagnostic tests include testing for ammonia levels, amino acids, and urine organic acids (specifically orotic acid) after a positive newborn screening test.

TREATMENT

• May include a diet low in protein, special foods or formulas, eating regularly and avoiding missing meals, and medications to get rid of extra arginine and ammonia in the body.

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PO Box 47990, Olympia, WA 98504-7990 (360) 236-4110 • <u>wsboh@sboh.wa.gov</u> • <u>sboh.wa.gov</u> 2. Health Resources and Services Administration. Arginase deficiency | Newborn Screening. Updated June 2023. Accessed August 25, 2023. https://newbornscreening.hrsa.gov/conditions/arginase-deficiency

^{1.} Morales A, Sticco KL. Arginase Deficiency - NIH Bookshelf. In: *StatPearls*. StatPearls Publishing; 2023. Accessed August 25, 2023. http://www.ncbi.nlm.nih.gov/books/NBK482365/



SAVING LIVES WITH A SIMPLE BLOOD SPOT



NEWBORN SCREENING

Washington State Department of Health

What is Newborn Screening?

Newborn screening is a public health system that detects infants with serious but treatable conditions that may not be apparent at birth.

There are 3 types of newborn screening programs:







Why is Newborn Screening Important?

- It prevents death and disability for thousands of infants every year in the USA by providing early treatment
- The public benefits through savings in health care and disability support costs



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Healthy 18 year old with CH, detected through Washington Newborn Screening as a baby

Washington Screens for... 32 disorders!

| Amino Acid Disorders (6) | Fatty Acid Oxidation Disorders (5) | Organic Acid Disorders (8) |
|---|--|---|
| Phenylketonuria Homocystinuria Maple syrup urine disease Citrullinemia type I Argininosuccinic acidemia Tyrosinemia type I | Medium-chain acyl-CoA dehydrogenase deficiency Long-chain L-3-hydroxy acyl-CoA dehydrogenase deficiency Trifunctional protein deficiency Very long-chain acyl-CoA dehydrogenase deficiency Carnitine uptake defect | Isovaleric acidemia Glutaric acidemia type I Methylmalonic acidemias (CbIA/B and MUT) Propionic acidemia Multiple carboxylase deficiency Beta-ketothiolase deficiency 3-hydroxy-3-methylglutaric aciduria |
| Endocrine Disorders (2) | Lysosomal Storage Disorders (2) | Other Disorders (10) |
| Congenital hypothyroidism Congenital adrenal hyperplasia | Mucopolysaccharidosis type I Glycogen storage disorder type II (Pompe) | Galactosemia Biotinidase deficiency Cystic fibrosis Sickle Cell Diseases & Hemoglobinopathies Severe combined immunodeficiency X-linked adrenoleukodystrophy Spinal muscular atrophy |

Washington State Numbers









200 infants

every year who benefit from early diagnosis and treatment 1,300 infants with a hemoglobin trait (not disease)



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What happens when a baby has abnormal results?

Dedicated team ensures the baby gets the care they need

• Depends on what the results are and which condition is suspected

Can include:

- Call baby's health care provider to check clinical status, recommend immediate evaluation and diagnostics for lifethreatening conditions
- Ensure repeat specimen is submitted to resolve borderline results
- After confirmed diagnoses, ensure baby is linked into specialty care



Specialty Care Partners

Consultants:

- Seattle Children's Hospital
 - Endocrinologist
 - Pediatric Hematologist
 - Biochemical Geneticists
 - o Immunologists
 - Pulmonologists
- Mary Bridge Children's
 - Biochemical Geneticists

Community:

Northwest Sickle Cell Collaborative

Specialty Care Clinics:

- University of Washington
 - PKU Clinic
 - Congenital Hypothyroidism Developmental Evaluation Clinic
 - Neuropsych Evaluation Program
 - Biochemical Genetics Clinic
- Seattle Children's Hospital
 - Biochemical Genetics Clinic
 - Odessa Brown Sickle Cell Clinic
- Mary Bridge Sickle Cell Clinic



Recommended Uniform Screening Panel (RUSP)

Federal Advisory Committee on Heritable Disorders in Newborns and Children (ACHDNC)

• Nomination to RUSP

• Full evidence review and voting

• GAMT added in January 2023

• ARG1 is considered a Secondary Condition



~Thank you~

Together we protect the lives of Washington's youngest citizens.





Process to Evaluate Conditions for Inclusion in the Required Newborn Screening Panel

September 08, 2023

Department and Board Authority – Relevant Laws and Rules for Newborn Screening

Chapter 70.83 Revised Code of Washington (RCW)

- RCW 70.83.020, Department authority to require screening tests for all babies in Washington (not just babies born in hospitals).
- RCW 70.83.050, Board authority to define and adopt rules for screening Washington-born infants for heritable conditions.

Chapter 246-650 Washington Administrative Code (WAC)

• WAC 246-650-010 and WAC 246-650-020, define and list the conditions required for the state's newborn screening panel.

Three Guiding Principles

Three guiding principles govern all aspects of the evaluation of a candidate condition for possible inclusion in Washington's Newborn Screening panel:





Washington State Board of Health
Available Screening Technology

Sensitive, specific and timely tests are available that can be adapted to mass screening.



Diagnostic Testing and Treatment Available

Accurate diagnostic tests, medical expertise, and effective treatment are available for evaluation and care of all infants identified with the condition.



Prevention Potential and Medical Rationale

The newborn identification of the condition allows early diagnosis and intervention. Important considerations:

- There is sufficient time between birth and onset of irreversible harm to allow for diagnosis and intervention.
- The benefits of detecting and treating early onset forms of the condition (within one year of life) balance the impact of detecting late onset forms of the condition.
- Newborn screening is not appropriate for conditions that only present in adulthood.

Washington State Board of Health



Public Health Rationale

Nature of the condition justifies population-based screening rather than risk-based screening or other approaches.



Cost-benefit / Costeffectiveness

The outcomes outweigh the costs of screening. All outcomes, both positive and negative, need to be considered in the analysis. Important considerations to be included in economic analyses include:

- The prevalence of the condition among newborns.
- The positive and negative predictive values of the screening and diagnostic tests.
- Variability of clinical presentation by those who have the condition.
- The impact of ambiguous results. For example, the emotional and economic impact on the family and medical system.
- Adverse effects or unintended consequences of screening.

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NEWBORN SCREENING TECHNICAL ADVISORY COMMITTEE OPTIONAL REFLECTION TOOL

| GAMT | | | | | | |
|---------------------------------------|--|-------------------------------------|---|--|-------------------------------------|-------------------------------------|
| | Criteria | | | | | |
| | | Available Screening Technology | Diagnostic Testing & Treatment Available | Prevention Potential & Medical Rationale | Public Health Rationale | Cost-benefit/Cost- effectiveness |
| Reflective Principles-Based Questions | What stands out to you about the evidence? What do you want to learn more about? | Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. |
| | What access & equity considerations are you thinking about? | Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. |

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NEWBORN SCREENING FOR GUANIDINOACETATE METHYLTRANSFERASE (GAMT) DEFICIENCY

Technical Advisory Committee meeting September 8, 2023

Presenter



Michael Katsuyama

MPHc

Follow-up Lead

Newborn Screening Program

NBS Criteria

• Available Screening Technology

- Sensitive, specific and timely tests are available that can be adapted to mass screening
- Diagnostic Testing and Treatment Available
- Prevention Potential and Medical Rationale
- Public Health Rationale
- Cost-benefit/Cost-effectiveness

Available Screening Technology

- Sensitivity the ability of the screen to correctly identify the babies with GAMT Sensitivity = 1 – false negative rate
- Specificity the ability of the screen to correctly identify the babies who do not have GAMT

 \circ Specificity = 1 – false positive rate

- Positive predictive value (PPV) the percent of babies with a positive screen who have GAMT
- PPV = $\frac{\# \text{ true}(+)}{\# \text{ true}(+) + \# \text{ false}(+)}$

Timely Tests

• Timeliness

- Aim: Identify and treat prior to onset of symptoms
- Each step important
 - Specimen collection
 - Specimen Transport
 - Testing
 - Result reporting
- Goal: time-critical results reported by 5 days of life

Source: Sontag et al. PLoS ONE 15(4):e0231050 (2020 – funded by HRSA)

Technology – tandem mass spectrometry (MS/MS)

- Uses one 1/8" hole punch from dried blood spot to test for 19 congenital disorders simultaneously
 - Amino acids
 - Acylcarnitines (fat transporters)
- In WA NBS Program since 2004



• Acylcarnitine/Amino acid analysis

- Primary target: high guanidoacetate [GUAC]
- Secondary markers may be helpful to reduce false(+) results







Also has low [Creatine]

AGAT deficiency

Only GAMT has high [GUAC]

AGAT Prevalence: less than 20 cases ever reported

CCDS caused by transporter defects = normal GUAC and Creatine in blood

Newborn Screening - GAMT

• Across 4 screening jurisdictions– 3.07 million babies

- 3 cases of GAMT (prevalence = 1:1,000,000 births)
 - 3 true positives (sensitivity = 100.0%)
 - O false negatives
- False positive rate (NY+UT) 2.1/100,000 (specificity = 99.99%)
- PPV = 99.99%

Questions?



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NEWBORN SCREENING FOR ARGINASE 1 DEFICIENCY (ARG-I)

Technical Advisory Committee meeting September 8, 2023

Presenter



Michael Katsuyama

MPHc

Follow-up Lead

Newborn Screening Program

- Technology tandem mass spectrometry (MS/MS)
- Uses one 1/8" hole punch from dried blood spot to test for 19 congenital disorders simultaneously
 - Amino acids
 - Acylcarnitines (fat transporters)
- In WA NBS Program since 2004



- Amino acid analysis
 - Primary target: high Arginine





Newborn Screening – ARG-I

- US based Screening-29 million babies
 - 22 cases of ARG-I (prevalence = 0.75:1,000,000 births)
 - 22 true positives (sensitivity = 100.0%)
 - 0 false negatives
 - False positive rate (US) 5.0/100,000 (specificity = 99.99%)
 - PPV = 99.99%

Questions?



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